

Proximities For Remote Hand Bell Ringers

Thank you for joining us in this communal sounding of the city. It is a chance for us to be proximate with the place and people around us.

Proximities, by its very design, is a work too vast for a single perspective or listening location. Each place in the city holds its own special quality. You are invited to join this piece, using a bell that you have at your disposal. On March 1 and 2, at 5:01PM we invite you to join many others across the city and ring as part of Proximities. You can ring at your home, at a park or anywhere that holds meaning for you.

Below you will find a very simple score, a guide for how you can join this piece. It is marked out in minutes for the sake of simplicity. The timings are guides, so don't feel tethered to them. Allow the bell to guide you through the piece. We recommend using digital clock to keep an eye on the time.

Finally, I offer you a little note to think on as you prepare for this piece; even in silence, the promise of sound is eternal

-- Lawrence English

Proximities

Minute 1:

As quietly as you can ring your bell once every 10 seconds.

Minute 2:

Gentle roll your bell back and forth making only the smallest sounds.

Minute 3:

Stop to listen around you, what is the furthest sound you can hear? Focus deeply on it.

Minute 4:

Gentle start to swing you bell back and forth in your hand, explore how you can vary its ringing.

Minute 5:

With a little more force ring your bell once every 10 seconds.

Minute 6:

Stop to listen around you, what is the closest sound you can hear? Lean into that sound.

Minute 7:

Freely ring the bell; this may be soft or loud, quickly or slowly, often or sparse. Use the sounds around you to guide how you play the bell.

Minute 8:

You may strike the bell just once this minute, listen for an event which invites you to respond.

Minute 9:

With the bell starting at your side, gently ring it, and over one minute raise it above you head, continuing to ring and getting louder as you go.

Minute 10:

With a strong force ring your bell once every 10 seconds.

Rest.